



Photo by Rob Agtual



Photo by SrA. Carlo Franco

Up, up and away

(Left) Carlo Franco attempts a steep hillside climb in Thetford Forest while safety crew member Randy Dorris stands ready to help. (Above) Mike Larson negotiates a treacherous part of a trail. Members of 372nd Training Squadron, Detachment 16, meet weekly to practice riding capabilities and rack up points for their fitness program. Anyone interested in starting a mountain bike club should call Ext. 3550.

Sports Shorts

Red Lodge challenge, fun run

A 4.5-mile road race between teams from RAF Lakenheath, RAF Mildenhall, RAF Honington, Royal Engineers Waterbeach, Cambridge University and the Newmarket Running Club is at 2:30 p.m. June 29.

A 4.5-mile fun run for adults and shorter races for children under 16 are also June 29.

For more information or to enter, call Bob Burlison at (01638) 751423.

Sports for children 3 - 5

Registration for a new sports program for children 3 - 5 is underway at the RAF Mildenhall Youth Center. The program teaches children the fundamentals of kicking, throwing, catching and batting. Openings are available to the first 40 youths to sign up. Cost is \$25. The program is from 6:30 - 7:30 p.m. for seven weeks at the RAF Mildenhall Fitness Center. For more information, call Ext. 2990 or e-mail viciskg@100arw.mildenhall.af.mil.

May is Fitness Month

May is the 12th annual Air Force Fitness Month. The fitness and sports center sponsors these events: British-American softball

tournament Saturday; a biathlon May 17; and an Air Force five-kilometer fitness run May 24. All events are free. Fitness month is sponsored in part by Sato Travel, Gatorade and Stairmaster. Call Ext. 3607 to sign up or for more information.

Golf instructions

The golf course sponsors a beginners clinic Tuesday - Thursday. Call for price and times. The course also offers free group instruction from 10 a.m. - noon Mondays and from 5:30 - 7:30 p.m. Tuesdays. For more information, call Ext. 2223.

Youth baseball, softball

Registration for youth softball and baseball continues through May 31. Cost is \$25 for the first child in a family and \$20 for each additional child. Practices begin June 9, and the season begins June 23. For more information, call Karl Pfoor at Ext. 3735.

Coaches' clinics, certification

Coaches' clinics and certifications for youth coaching are Monday and Tuesday.

This is for all first-time coaches. The clinics are at 5:45 p.m. at the youth center. People must pre-register for the clinics. For more information, call Ext. 3735.

Intramural standings

Standings as of Monday

Intramural soccer

Team	W	L	T
LIFESAVERS	3	0	0
CRS	3	1	0
TRANS	3	0	2
CHICKENHAWKS	3	0	2
SUPPLY	2	0	0
CES	2	0	1
494	2	0	1
OSS	2	0	3
MDOS	1	0	2
493	0	0	4
SPS	0	0	4

Intramural bowling

Team	W	L	AVG	Pins
EMS #2	164	76	1012	66259
HOPITAL	149	91	1472	72020
MSS #1	146	94	1213	66374
SPS	141	99	1332	60717
DENTAL	126	114	1088	58698
MSS #2	125	115	1166	58986
CES	118	122	1264	62364
EMS/AGE	117	123	1225	60610
492FS	107	133	1362	60448
DECA	106	134	891	53536
OSS	97	143	1267	60567
494FS	97	143	1181	56027
CRS/PROPS	97	143	1349	55942
POL	88	152	997	62215